

# Community & Health Related Transport Directory and In-Home Service Guide

North Lakes and Surrounds



# 2009



An initiative of the Queensland Government  
and North Lakes Transport Action Group

## Valuable Volunteers

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Volunteering helps build stronger, more connected and caring communities.

Many of the organisations listed in this directory rely heavily on volunteers in order to continue providing valuable services to the community.

If you would enjoy spending time assisting people to meet their transport or in-home care needs please contact one of the following organisations.

### Meals on Wheels

Pine Rivers Phone: (07) 3285 2532

Burpengary Phone: (07) 3888 3754

Caboolture Phone: (07) 5495 2996

Deception Bay Phone: (07) 3203 2800

Redcliffe Phone: (07) 3284 3861

### Community Transport Providers

Community Assisted Transport Services Phone: (07) 3480 6463

Centacare – Caboolture Phone: (07) 5498 9154

Mobility Solutions Caboolture Phone: (07) 5495 4944

Kidney Support Network Phone: (07) 3889 4573

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## Transport Directory and In-Home Service Guide

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This guide has been compiled to offer residents and health care service providers information about transport related options, subsidies and in-home services within North Lakes and the surrounding areas including Burpengary, Narangba, Deception Bay, Dakabin, Mango Hill, Kallangur, Petrie, Lawnton, Griffin and Murrumba Downs.

Barriers to accessing affordable and appropriate transport impact directly on health and wellbeing by limiting a person's ability to connect with health services and opportunities for employment, education, sport and recreation, social activities and shopping.

The North Lakes Transport Action Group - a collaborative partnership between State and Local Government, non-Government and community organisations - produced this directory with the aim to increase the range of transport related information and options that residents and service providers can access.

For further information, assessment criteria and/or individual eligibility for any listed product or service, readers should contact the relevant provider or health practitioner.

Electronic copies of this directory can be accessed within the 'resources' section of the Pine Rivers Neighbourhood Centre website at [www.pnrc.org.au](http://www.pnrc.org.au)

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## Public Transport Services

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### TransLink Journey Planner

A free service that can assist in mapping public transport journeys by providing information regarding:

- Timetable, route and fare details for buses, trains and ferries
- Locations of interchanges and walking distances to services
- Details about interconnecting services.

Phone: 13 12 30

Web: [www.translink.com.au](http://www.translink.com.au)

### Bus Services

Hornibrook Bus Lines	
Service	<p><b>680 Redcliffe to Brisbane City (Link)</b> Redcliffe, Scarborough, Peninsula Fair, Kallangur, Westfield North Lakes, Petrie station, Westfield Strathpine, Bald Hills, Westfield Chermside, RCH Herston, QUT Kelvin Grove, Normanby, Roma Street, Brisbane City</p> <p><b>681 Mango Hill to Strathpine via Petrie station (Link)</b> North Lakes, Petrie station, Westfield Strathpine, Petrie, Kallangur</p> <p><b>682 Peninsula Fair to Westfield Strathpine (Link)</b> Peninsula Fair, Mango Hill, North Lakes, Kallangur, Petrie Station, Westfield Strathpine</p>
Phone	TransLink 13 12 30 Hornibrook Bus Lines (07) 3284 1622
Website	<a href="http://www.translink.com.au">www.translink.com.au</a> <a href="http://www.hornibrook.com.au">www.hornibrook.com.au</a>

## Public Transport Services

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### Bus Services

#### Kangaroo Bus Lines

Service	<b>660 Caboolture to Redcliffe</b> Caboolture Station, Morayfield Shopping Centre, Burpengary Plaza, Deception Bay Shopping Centre, Peninsula Fair Shopping Centre, Redcliffe Jetty <b>663 Narangba Local Service</b> Narangba Shopping Centre, Narangba Station <b>664 Burpengary Local Service</b> Burpengary Station, Burpengary Plaza <b>665 Deception Bay Local Service</b> Deception Bay Shopping Centre <b>668 Deception Bay to Narangba</b> Deception Bay Shopping Centre, Narangba Industrial & Narangba Station
Phone	TransLink 13 12 30 Kangaroo Bus Lines (07) 5498 6466
Website	<a href="http://www.translink.com.au">www.translink.com.au</a> <a href="http://www.kangaroobuslines.com.au">www.kangaroobuslines.com.au</a>

#### Thompsons Bus Lines

Service	<b>673 Lawnton to Westfield Strathpine</b> Westfield Strathpine, Bray Park Station, Lawnton Station, Bray Park, Lawnton <b>675 Petrie Station to Murrumba Downs</b> Petrie Station, Kallangur, Murrumba Downs <b>676 Petrie Station to North Lakes</b> Petrie Station, Kallangur, Murrumba Downs, Griffin, North Lakes
Phone	TransLink 13 12 30
Website	<a href="http://www.translink.com.au">www.translink.com.au</a>

## Public Transport Services

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### Train Services

<b>Queensland Rail</b>	
Service	<b>Caboolture Line</b> Caboolture to City servicing Burpengary, Narangba, Dakabin, Petrie, Lawnton
Phone	TransLink 13 12 30
Website	<a href="http://www.translink.com.au">www.translink.com.au</a>

### Taxi Services

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<b>Black and White Cabs</b>	
Service	Wheelchair Accessible Taxi
Phone	1300 658 222
Service	General Sedan Service
Phone	13 32 22
<b>Yellow Cabs</b>	
Service	Wheelchair Accessible 'Maxi' Taxi
Phone	13 62 94
Service	General Sedan Service
Phone	13 19 24

## Community Transport

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Please contact the relevant provider to verify service related information, including associated travel costs, service areas, assessment and/or eligibility criteria.

### Centacare Flexi-Shopper

Service	A weekly pre-booked door to door return service departing Burpengary and Deception Bay (Thursdays) and Narangba (Fridays) to local shopping centres. Service fee applies.
Phone	(07) 5498 9154

### Centacare & Moreton Bay Regional Council Library Limo

Service	A once a month pre-booked door to door service operating on a Wednesday for people within the Caboolture district for travel to various district libraries. Service fee applies.
Phone	(07) 5498 9154

### Mobility Solutions

Service	Recreational trips for War Widows, Veterans and Legacy members from Moreton Bay Regional Council areas. Service fee applies, lunch included.
Phone	(07) 5495 4944
Eligibility	Department of Veterans Affairs eligibility criteria.

### Mobility Solutions & Caboolture Area Youth Service

Service	A pre-booked Friday and Saturday night door to door return bus service for individuals and families from the Caboolture area to the Morayfield Cinema for an early movie session. Service fee applies.
Phone	(07) 5495 4944

### Pine Rivers LinC

Service	Volunteers provide a door to door transport using their own vehicles for medical appointments, shopping and limited social activities. Pickup within Pine Rivers areas only.
Phone	(07) 3204 4588
Notes	Caters for elderly and other transport disadvantaged, travel fee by donation, cannot cater to high needs clients, requires at least 48 hours notice.

## Community Transport

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### Redcliffe Community Bus

Service	A door to door transport service for disabled and frail aged residents of the Redcliffe and Deception Bay areas for local shopping and social activities.
Phone	(07) 3284 6429
Notes	A small annual membership fee applies. Return travel costs \$5.00 for singles and \$8.00 for couples.

### Redcliffe Community Association Flexi-Shopper

Service	A door to door service departing Redcliffe and Deception Bay every Thursday morning for drop off at Deception Bay and North Lakes shopping centres.
Phone	(07) 3480 8777
Eligibility	Seniors over 50 years of age not in paid employment.

### Redcliffe Community Association Flexi-Ride

Service	A door to door service for personal, medical, social, and shopping purposes provided by volunteers using their own vehicles.
Phone	(07) 3480 8777
Notes	Bookings must be made 48 hours in advance. A \$5.00 annual membership fee applies. Trip cost is quoted at time of booking. Unable to cater for high needs or wheelchair clients.

### Redcliffe Community Bus & Moreton Bay Regional Council Library Service

Service	A free door to door return service operating every Thursday to Redcliffe Library for disabled and frail aged residents of Redcliffe.
Phone	(07) 3284 6429



## Health and Medical Transport

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### **Home and Community Care Program**

The Home and Community Care (HACC) Program provides support and services to frail older people and younger people with disabilities to assist them in continuing to live independently at home.

Support that may be provided includes:

- support to participate in social activities
- assistance with everyday household tasks
- assistance to enhance nutrition, function, strength, independence and safety
- assistance to support independence in personal care activities
- assistance to keep up with essential activities such as shopping, banking and maintaining social contacts.

To be eligible for HACC a person must be living in the community and have an ongoing functional disability that impacts on their capacity to live independently. A HACC service provider will assess the client's eligibility and identify their level of need. Once eligibility is confirmed, they will work together with the client in the short or long term to overcome, lessen or better manage the difficulties they are experiencing.

Eligible HACC clients can contact HACC service providers directly.

For information on HACC service providers contact the Commonwealth Respite and Carelink Centre.

Phone: 1800 052 222

## Health and Medical Transport

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### HACC Transport in North Lakes and Surrounds

#### **Bribie Island Voluntary Community Help Association**

Service	Volunteer drivers provide a door to door transport service for medical appointments, shopping and some social activities to clients from Bribie Island.
Phone	(07) 3408 0111

#### **Centacare – Caboolture**

Service	Volunteer drivers provide a pre-booked door to door transport service for medical appointments, shopping and social activities to clients from Caboolture district. Service fee applies.
Phone	(07) 5498 9154

#### **Community Assisted Transport Services (CATS)**

Service	Volunteer drivers provide a door to door transport service for medical appointments, shopping and some social activities to clients from Pine Rivers.
Phone	(07) 3480 6463

#### **Maddison Community Care**

Service	A door to door transport service for medical appointments, shopping and social activities for clients from North Lakes & Surrounds. Service fee applies.
Phone	(07) 3236 9553

#### **Nalingu Spiritus**

Service	Provides a door to door pre-booked transport service for medical appointments and social activities to Aboriginal and Torres Strait Islander clients within North Lakes and surrounds.
Phone	(07) 3865 1162

#### **Ozcare Community Transport Service**

Service	Provides a door to door transport service for hospital and health related appointments and local shopping to clients from Redcliffe and surrounds.
Phone	(07) 3482 1800

## Health and Medical Transport

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### HACC Transport in North Lakes and Surrounds

#### Spiritus – Zillmere

Service	Provides a door to door pre-booked transport service for medical appointments, shopping and some social activities to clients from North Lakes, Mango Hill, Kallangur, Petrie, Lawnton, Griffin, Murrumba Downs and Dakabin.
Phone	(07) 3865 3288

#### Bribie Island Voluntary Community Help Association

Service	Volunteer drivers provide a door to door transport service for medical appointments, shopping and some social activities to clients from Bribie Island.
Phone	(07) 3408 0111

### Medical Transport

#### Kidney Support Network

Service	Volunteer drivers provide transport to and from dialysis sessions
Phone	(07) 3300 0906
Notes	Must become a member of the Kidney Support Network. Transport to both Princess Alexandra and Royal Brisbane Hospitals. Donation applies.

#### Kidney Support Network – Redcliffe & Northern Districts Branch

Service	Volunteer drivers provide transport to and from dialysis sessions
Phone	(07) 3889 4573, 0407 885 559
Notes	Must become a member of the Kidney Support Network. Transport to both Redcliffe and Royal Brisbane and Women’s Hospitals. Donation Applies.

## Health and Medical Transport

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### Medical Transport

#### Queensland Ambulance Service (QAS)

Service	Acute Outpatients and Authorised Non-Urgent Transport Service
Phone	13 12 33
Notes	Non-urgent individuals need to gain medical authorisation from their local doctor or other medical source prior to being transported.

#### Wesley Hospital Transport Service

Service	The Wesley's volunteer transport service assists patients who are unable to arrange their own admission or discharge transport, with drivers delivering patients to the front boundary of their homes.
Phone	(07) 3232 7282
Notes	This service is provided to patients who meet the eligibility criteria by the Volunteer Department of the Wesley.

## Primary and Community Health Services

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### Central Referral Unit

The Central Referral Unit provides a central point of contact for clients, families, general practitioners and hospital staff to refer people who require a range of adult community health services.

The following services are available:

- Chronic disease advisory services (cardiac, respiratory, continence & dementia)
- Primary health multidisciplinary teams
- Rehabilitation services
- Home care
- Post acute services
- Child, youth and family services
- Aged care assessment service.

Phone: 1300 658 252

### Community Health Centres

#### Caboolture Community Health Centre

Address    McKean St, Caboolture Qld 4510

Phone        (07) 5433 8300

#### Deception Bay Family Centre

Address    Shop 27 Deception Bay Shopping Centre, Bay Ave, Deception Bay Qld 4508

Phone        (07) 3884 1333

#### North Lakes Health Precinct

Address    9 Endeavour Blvd, North Lakes Qld 4509

Phone        (07) 3049 1200

#### Pine Rivers Community Health Centre

Address    568 Gympie Rd, Strathpine Qld 4500

Phone        (07) 3817 6333

## Primary and Community Health Services

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### Community Health Centres

#### Redcliffe Community Health Centre

Address	181 Anzac Ave, Kippa-Ring Qld 4021
Phone	(07) 3897 6300

### Hospitals

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Some hospitals may provide a transport service or shuttle bus connection to nearby public transport interchanges. Please contact the hospital directly to determine what services are available and the applicable assessment and/or eligibility criteria.

#### Public Hospitals

Caboolture Hospital	(07) 5433 8888
Prince Charles Hospital	(07) 3139 4000
Princess Alexandra Hospital	(07) 3240 2111
Redcliffe Hospital	(07) 3883 7777
Royal Brisbane and Women's Hospital	(07) 3636 8111
Royal Children's Hospital	(07) 3636 8111

#### Private Hospitals

Brisbane Private Hospital	(07) 3834 6111
Caboolture Private Hospital	(07) 5495 9400
Holy Spirit Northside	(07) 3326 3000
North West Private Hospital	(07) 3246 3133
Peninsula Private Hospital	(07) 3284 8577
Pine Rivers Private Hospital	(07) 3881 7222
St Andrew's War Memorial Hospital	(07) 3834 4444
The Wesley Hospital	(07) 3232 7000

## Transport Schemes and Subsidies

The following transport schemes and subsidies may assist transport access and mobility needs. For further information about the assessment and/or eligibility criteria for any product or service, please contact the relevant provider or your health practitioner.

Scheme/Subsidy	Service Details	Eligibility	Contact
Department of Veterans' Affairs Travel Reimbursement Scheme	Provides either door to door transport through a contracted taxi service or a reimbursement of travel costs between home and an approved health care provider depending on your eligibility.	Veterans or the widows of veterans who have either a white or gold eligibility card.	Department of Veteran Affairs 13 32 54
Disability Parking Permits	<p>Blue Disability Parking Permit:</p> <ul style="list-style-type: none"> <li>• Free parking in metered and regulated parking areas</li> <li>• Entitlement to park in disability parking bays.</li> </ul> <p>Red Disability Parking Permit:</p> <ul style="list-style-type: none"> <li>• Entitlement to park in disability parking bays OFF street e.g. shopping centres, not in areas signed "Blue Permit Holder Only".</li> </ul>	<p>Eligibility categories for a Blue permit:</p> <ul style="list-style-type: none"> <li>• Inability to walk</li> <li>• Total dependence on a wheelchair or on a large mobility device i.e. walking frame.</li> </ul> <p>Eligibility categories for a Red permit:</p> <ul style="list-style-type: none"> <li>• Severe mobility impairments</li> <li>• Inability to safely use public transport</li> <li>• Inability to safely walk between normal parking facilities and a destination.</li> </ul>	Queensland Transport 13 23 80

## Transport Schemes and Subsidies

Scheme/Subsidy	Service Details	Eligibility	Contact
Mobility Allowance	Mobility allowance is a fortnightly non-taxable payment which provides assistance to people with disabilities who are in paid employment, voluntary work, vocational training or a combination of these who are unable to use public transport without substantial assistance.	To qualify a person must travel to and from their home in connection with work, training or job search activities and be: <ul style="list-style-type: none"> <li>• Over 16 years of age</li> <li>• Have a physical, intellectual or psychiatric disability;</li> <li>• Be unable to use public transport without substantial assistance because of the disability; and</li> <li>• Be working (including voluntary work) or attending vocational training for at least 8 hours a week, or looking for work, or receiving Newstart allowance</li> </ul>	Centrelink 13 27 17
Queensland Rail Travel Pensioner Entitlements	Two free return or four free one way rail trips per year on Travel Train services. Can be used on long distance passenger services within Queensland only.	Centrelink and Department of Veterans Affairs Pension Concession Card Holders. <b>Note:</b> a processing fee is charged when each trip is booked.	Queensland Rail 1800 872 467
Queensland Seniors Card	The holder of a Queensland Seniors Card is entitled to a 50 per cent concession on urban public transport throughout the state.	Contact the Department of Communities to determine your eligibility.	Department of Communities 13 13 04



Scheme/Subsidy	Service Details	Eligibility	Contact
Patient Travel Subsidy Scheme	Provides assistance (subsidised travel and accommodation) to patients and in some cases their carers to enable them to access specialist medical services which are not available within 50km of the patient's nearest hospital.	<p>Contact the Public Hospital nearest to where you live to determine your eligibility or phone Queensland Health for further information.</p> <p>Refer to hospital listings on page 11.</p>	Queensland Health 13 43 25 84
Taxi Subsidy Scheme	Half rate taxi travel to eligible individuals who have a severe disability.	<p>Eligibility categories for this subsidy are:</p> <ul style="list-style-type: none"> <li>• Physical disability requiring dependence on a wheelchair for all mobility outside the home</li> <li>• Severe ambulatory problem that cannot functionally be improved and restricts walking to an extremely limited distance</li> <li>• Total loss of vision or severe visual impairment (both eyes)</li> <li>• Severe and uncontrollable epilepsy with seizures involving loss of consciousness</li> <li>• Intellectual impairment or dementia resulting in the need to be accompanied by another person at all times for travel on public transport</li> <li>• Severe emotional and/or behaviour disorders with a level of disorganisation resulting in the need to be accompanied by another person at all times for travel on public transport.</li> </ul>	Queensland Transport 1300 134 755

## Transport Schemes and Subsidies

Scheme/Subsidy	Service Details	Eligibility	Contact
Companion Card	<p>People with a disability who have a lifelong need for attendant care support in order to take part in activities and visit venues in the community are issued with a second ‘companion’ ticket at no charge when purchasing a ticket.</p>	<p>To be eligible you must:</p> <ul style="list-style-type: none"> <li>• Be an Australian resident living in Queensland;</li> <li>• Have a disability;</li> <li>• Because of the impact of the disability, you are unable to participate at most community venues or activities without attendant care support; and</li> <li>• Need, or have a likely need, for lifelong attendant care support.</li> </ul>	<p>Disability Services Queensland 13 13 04</p>
Visually Impaired Persons Travel Pass	<p>This pass entitles holders to free travel on all participating urban public transport services including bus, rail and ferry throughout Queensland.</p> <p><b>Note:</b> Free travel is not available on long distance bus or rail services.</p>	<p>Individuals certified as ‘legally blind’ by a medical practitioner.</p>	<p>TransLink 1300 417 481</p>

## In-Home Services Guide

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### Banking Options

People can talk to their local bank to make arrangements regarding services that can be accessed from home. Some options available include:

**Telephone Banking** - A customer access number and pin are required to access accounts using the phone for account balances, transferring money and paying bills.

**Direct Debiting Authority** - Payments for some services can be automatically deducted from a nominated bank account. An authority form must be signed and lodged with the bank.

**Internet Banking** - Pay bills, transfer money and check account balances over the internet.

**Cheque Account** - A cheque facility can be added to an existing account to enable payment of some bills as required.

**Credit Card** - A credit card allows purchasing of some goods and services over the phone or internet for home delivery.

**Extra Signatory on Account** – A person can be nominated to act as an extra signatory on an account so that they can conduct banking matters on behalf of the account holder.

**Enduring Power of Attorney** – A person can be nominated to have legal authority to act on a person's behalf. This can be arranged with a solicitor.

## In-Home Services Guide

### Groceries

Note: check with the local yellow pages for additional home delivery options

Home Delivery	Lists businesses that are prepared to deliver and/or provide home services. Each business listed has a web site or information page so in most cases services can be explored before ordering or making contact.  <a href="http://www.homedelivery.com.au/brisbane">www.homedelivery.com.au/brisbane</a>
Coles Online	Online ordering only for delivery of all grocery needs. Delivery fee ranges from \$9.00 - \$11.00 and is available Monday-Saturday.  <a href="http://www.colesonline.com.au">www.colesonline.com.au</a>
My Fruit	Online ordering only for daily delivery of fresh produce, meat, personal care and general grocery items for a flat delivery rate of \$5.50. Same day delivery for orders placed by 10.00am.  <a href="http://www.myfruit.com.au">www.myfruit.com.au</a>

### Pharmacies

Note: Check with the local pharmacy for eligibility conditions related to the home delivery of medications prescribed by GP's. In most cases GP's must fax a copy of the prescription to the pharmacy or clients must register for the 'scripts ready' program. The following pharmacies offer free Monday-Friday delivery for eligible clients.

Amcal Chemist Burpengary*	Delivery area: Burpengary local area	(07) 3888 4033
Amcal Day and Night Pharmacy Deception Bay*	Delivery area: Deception Bay local area	(07) 3203 1585
Bailey Road Medical Centre Pharmacy Deception Bay	Delivery area: Deception Bay local area	(07) 3204 1402

\*Denotes Webster Pack service available.

## In-Home Services Guide

### Pharmacies

Note: Check with the local pharmacy for eligibility conditions related to the home delivery of medications prescribed by GP's. In most cases GP's must fax a copy of the prescription to the pharmacy or clients must register for the 'scripts ready' program. The following pharmacies offer free Monday-Friday delivery for eligible clients.

Harding's Pharmacy Murrumba Downs*	Delivery areas: Griffin, Murrumba Downs and East Kallangur	(07) 3886 5644
Kallangur Day and Night Pharmacy*	Delivery areas: Kallangur, Griffin, Murrumba Downs and Dakabin	(07) 3204 5155
Kallangur Discount Drug Store*	Delivery areas: Kallangur, Griffin, Murrumba Downs and Dakabin	(07) 3204 5743
Lawnton Medical Centre Pharmacy*	Delivery area: Lawnton local area	(07) 3285 2290
Petrie Village Guardian Pharmacy*	Delivery area: Petrie local area	(07) 3285 4604
Terry White Chemist Burpengary*	Delivery area: Burpengary local area	(07) 3888 1980
Terry White Chemist Narangba*	Delivery area: Narangba local area	(07) 3385 5411
Terry White Chemist North Lakes*	Delivery area: North Lakes local area	(07) 3204 4111

\*Denotes Webster Pack service available.

## In-Home Services Guide

### Nursing and Home Care Services

Note: The organisations listed below provide a range of subsidised and fee for service care packages and services to both eligible clients and the general community. Contact with the provider directly to determine eligibility and the specific services available within the local area.

Blue Care	<p>Provides personal care, domestic assistance, social support, respite, allied health and nursing services to eligible clients.</p> <p>Redcliffe Office service areas: Redcliffe, Pine Rivers District and Northern Deception Bay.</p> <p>Sandgate Office service area: Lawnton.</p> <p>Caboolture Office service areas: Burpengary and Narangba.</p> <p><a href="http://www.bluecare.org.au">www.bluecare.org.au</a></p>	<p>Redcliffe Office (07) 3284 2215</p> <p>Sandgate Office (07) 3869 7777</p> <p>Caboolture Office (07) 5428 8190</p>
Centacare Caboolture	<p>Provides personal care, domestic assistance and some social support to eligible clients.</p> <p>Service areas: Caboolture, Burpengary, Narangba, Deception Bay.</p>	(07) 5498 9154
Co.As.It Community Services	<p>Provides multicultural focused personal care, domestic assistance, and social support to eligible clients.</p>	(07) 3352 5755
Diversicare Redcliffe	<p>Provides in home services for culturally and linguistically diverse persons including social support and domestic assistance to eligible clients.</p> <p><a href="http://www.diversicare.com.au">www.diversicare.com.au</a></p>	(07) 3883 1550
Home Instead Senior Care	<p>Provides personal care, domestic assistance, social support and respite services to adults in the general community.</p> <p><a href="http://www.homeinstead.com.au">www.homeinstead.com.au</a></p>	(07) 3482 0800
Maddison Community Care	<p>Provides personal care, domestic assistance, social support, respite and allied health services to eligible clients.</p>	(07) 3236 9553

## In-Home Services Guide

### Nursing and Home Care Services

Note: The organisations listed below provide a range of subsidised and fee for service care packages and services to both eligible clients and the general community. Contact with the provider directly to determine eligibility and the specific services available within the local area.

Nalingu Spiritus	Provides personal care, domestic assistance, respite services and social support to eligible Aboriginal and Torres Strait Islander clients	(07) 3865 1162
OzCare North Lakes	Provides personal care, domestic assistance, social support, respite services, allied health and nursing services to eligible clients and the general community.  www.ozcare.org.au	(07) 3482 1800
PresCare Community Care Strathpine	Provides personal care, domestic assistance, social support, respite services, allied health and nursing services to eligible clients.  www.prescare.org.au	(07) 3881 5300
RSL Home Care Caboolture	Provides personal care, domestic assistance, social support, and respite services to eligible clients.  www.rslcare.com.au	(07) 5490 6360
Spiritus	Provides personal care, domestic assistance, social support, respite services, allied health and nursing services to eligible clients and the general community.  Zillmere Office service area: Kallangur, Petrie, Lawnton, Griffin, Murrumba Downs, Dakabin.  Caboolture Office service area: Redcliffe, Caboolture, Deception Bay, Burpengary, Narangba.  www.spiritus.org.au	Zillmere Office (07) 3865 3288  Caboolture Office (07) 5431 7900

## In-Home Services Guide

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### Meals on Wheels

Provides a nutritious lunch and/or evening meal delivered by volunteers to those unable to cook or shop for themselves. In some cases a referral is required from a GP or health professional. Fee applicable.

Burpengary	Delivery areas: Burpengary, Narangba, Morayfield.	(07) 3888 3754
Caboolture	Delivery areas: Morayfield, Beachmere, Caboolture Central, Caboolture West, Toorbul, Woodford, Elimbah.	(07) 5495 2996
Deception Bay	Delivery area: Deception Bay	(07) 3203 2800
Pine Rivers	Delivery areas: Kallangur, Murrumba Downs, Kurwongbah, North Lakes, Mango Hill, Dohles Rocks, Petrie, Lawnton, Bray Park, Joyner, Cashmere and Dayboro.	(07) 3285 2532
Redcliffe	Delivery areas: Margate, Woody Point, Scarborough, Clontarf, Rothwell and Kippa-ring.	(07) 3284 3861

### Hair

Your Personal Hairstylist	<a href="http://www.yourpersonalhairstylist.com.au">www.yourpersonalhairstylist.com.au</a>	0412 757 469
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## In-Home Services Guide

<b>Podiatry</b>		
Stephanie Cosgrove	Service areas: All Northside areas.	(07) 3266 6969
Entire Podiatry Mobile	Service areas: All areas.	(07) 5499 3975
Fiona Green	Service areas: North Lakes and Surrounds.	(07) 3269 3795
Foot Comfort Clinic	Service areas: North Lakes, Deception Bay, Rothwell, Bribie Island and Redcliffe.	(07) 3408 3976
Sharon Hull	Service area: North Lakes, Rothwell, Kallangur, and Redcliffe.	(07) 3283 4488
Kallangur Family Podiatry	Service area: North Lakes & Surrounds	(07) 3204 4400
<b>Home Maintenance and Security</b>		
<b>Home Assist Secure</b>		
Aims to remove some of the practical housing related difficulties experienced by older people and people with disabilities who wish to remain living in their own home by providing information and assistance with home maintenance and security.		
Caboolture	Service area: Deception Bay, Narangba and Burpengary	(07) 5498 9154
Pine Rivers	Service area: North Lakes, Dakabin, Mango Hill, Kallangur, Petrie, Lawnton, Griffin & Murrumba Downs.	(07) 3889 1852
Redcliffe	Service areas: Redcliffe and Moreton Island	(07) 3284 0526
<b>Grey Army</b>		
General handyman and home maintenance services provided by mature aged tradespeople.		
Grey Army	Service areas: All areas	13 11 98

## General Information

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### **Access Advisory Australia**

Access Advisory is a not-for-profit organisation serving all members of the community, especially people with disability, their families and carers, and parents with prams. They work collaboratively with local business, community, organisations and government to achieve positive outcomes.

Phone: 1300 422 448      Website: [www.accessadvisoryaustralia.org](http://www.accessadvisoryaustralia.org)

### **Carelink**

Commonwealth Respite and Carelink Centres are information centres for older people, people with disabilities and those who provide care and services. Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia. Carelink staff will discuss a clients' situation with them and give information about local services available that they may benefit from.

Phone: 1800 052 222      Website: [www.health.gov.au/ccsd/index.cfm](http://www.health.gov.au/ccsd/index.cfm)

### **Centrelink**

Centrelink can provide information regarding eligible support payments, allowances and health and pensioner concession cards.

Phone: 13 23 00      Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)

### **Department of Communities**

The Department of Communities can provide information related to the Seniors Card, Seniors Legal and Support Service and Seniors Discount Directory.

Phone: 1300 132 654      Website: [www.communities.qld.gov.au/seniors/](http://www.communities.qld.gov.au/seniors/)

### **Moreton Bay General Practice Network**

Can assist in locating a general practitioner, health specialist or allied health service. Website also features a database of community organisations and their service directories, programs offered and health related information.

Phone 3284 5155      Website [www.mbgpn.com.au](http://www.mbgpn.com.au)

### **Queensland Health (QFinder)**

This Queensland Health reference web site is designed to help you access a wide range of health and community services provided by public, private and non-government providers in Queensland. If you require help to locate a service, staff will assist you with your query 24 hours a day, 7 days a week.

Phone: 13 43 25 84 (13 HEALTH)      Website: [www.health.qld.gov.au/QFinder](http://www.health.qld.gov.au/QFinder)

# North Lakes Health Precinct and Surrounding Facilities



-  bus stop
-  food/drink
-  library
-  children's play area
-  shopping centre
-  post office
-  police station
-  North Lakes Health Precinct
-  pool/sports centre

Electronic copies of this directory can be accessed within the 'resources' section of the Pine Rivers Neighbourhood Centre website at [www.pnrc.org.au](http://www.pnrc.org.au)

To notify service changes please contact the Community Development and Resource Officer, Community Health Promotion Team at North Lakes Health Precinct on (07) 3049 1200.

Last updated: September 2009